



Jamestown 4-H Educational Center

3751 4-H Club Road
Williamsburg VA, 23185
757-253-4931 fax-757-253-7231
www.jamestown4hcenter.org

December 21, 2010

Teen Weekend
2010 Issue

Program Director
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Upcoming Camps:
[Spy Camp](#)
January 29, 2010
Ages 9-13

[Arts Camp](#)
February 18-20, 2011
Ages 9-13

[Cloverbud Camp](#)
March 12-13, 2011
Ages 5-8

[Teen and Adult Leader Training](#)
May 21, 2011
14+

[Open House](#)
May 22, 2011
All Ages

[Family Fun and Fitness Day](#)
June 4, 2011
Ages 5+

[Cloverbud Camp](#)
June 25-26, 2011
Ages 5-8

[Cloverbud Camp](#)
July 23-24, 2011
Ages 5-8

[Nocturnal Camp](#)
September 17-18, 2011
Ages 9-13

[Science Camp](#)
October 7-9, 2011
Ages 9-13

[Cloverbud Camp](#)
November 12-13, 2011
Ages 5-8

[Teen Weekend](#)
December 9-11, 2011
Ages 14-18

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Jamestown held its annual **Teen Weekend Camp** over the weekend of December 10-12, 2010. This special event was designed for youth ages 14-18. Teens across the Southeast district of Virginia attended the event and were given the opportunity to make new friends, learn a variety of life skills, and engage in FUN leadership activities. Our weekend was focused on peer leadership, stress management, *Character Counts!*, socialization, and teambuilding.

Teen Weekend included a variety of sessions and activities including: *Health Rocks!*, teambuilding, archery, holiday card making for our troops, football in the rain for those that dared, guided visual imagery, and *Character Counts!*. Teens also joined us in our traditional camp activities such as our dance and campfire!



Questions for you to ask your teens!

- Ask your teens about what they learned about themselves through our Guided Musical Imagery program or have them talk to you about the importance of taking time for themselves to relax, de-stress, and envision their future!
- Did they learn anything new in our Health Rocks sessions?
- Did they make any new friends or refresh any connections?
- What was their favorite part about camp? Making new friends, visiting old friends, learning more about themselves and their leadership capabilities?





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Thank you to our outstanding TAC members for such a wonderful program!

Current TAC members pictured above (from left to right):
Samantha Conigliaro, Elaine Yoch, Amanda Orchowsky, and Lauren Schumacher.
*Not pictured – Mary-Ellen Burnette & Taylor Fee

What does the Teen Advisory Committee (TAC) do and who are they?

TAC is a group of Teens serving the Southeast District of Virginia (Jamestown's Camping District). In addition to planning awesome Teen Camps they offer support and leadership for Jamestown's weekend specialty camps, district events, and sometimes even state events.

Want to join? Contact the Program Director or your local 4-H Extension Agent for an application!

I heard a lot about the [Staff-in-Training \(SIT\) program](#) and it sounds really awesome! How do I sign up and what type of experience do I need?

Our SIT program serves current Teen leaders ages 18+ in discovering their true leadership potential and fit for our future Summer Staff teams by serving as "junior" staff members for a week-long period. It gives them an opportunity to come in and shadow staff and learn the behind the scenes needs of running a successful camp.

To sign up: You must be a current or former 4-H Teen Leader at least 18 years of age. Contact the Program Director or your local 4-H Extension Agent for an application.

Not quite sure if you're ready to take the leap but still interested in Teen Leadership opportunities?

Come out and join us as a Teen Counselor for one of our many weekend Specialty Camps that can be found on our website. These opportunities will help you to develop self-confidence, leadership experience, and community appreciation while role modeling positive behavior to our youth. All you have to do is drop the registration in the mail with a \$10 teen fee for each camp. We welcome your interest, support, and leadership.



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Hear what the Program Director has to say!!!



A Special Thanks to:

Summer Staff

Cricket
Goose
Jaws
Mamaweez

Extension Agents

Dan Nortman
York County
Catherine Short
King William, King and
Queen Counties
Krista Gustafson
Gloucester County
Tara Brent
Northumberland
County

Adult Volunteers

Joelle Griffin Russell
Derby Sale
Shelley Trautman

4-H TAC Members

Mary-Ellen Burnette
Samantha Conigliaro
Taylor Fee
Amanda Orchowsky
Lauren Schumacher
Elaine Yoch

A special THANKS to our wonderful kitchen staff for providing a fantastic dining experience for our teens!

This year's Teen Weekend Camp was undoubtedly the best yet! We had new, energizing, and exciting activities, multiple breaks for socialization, and the teens took on an overall leadership and responsibility well suited to their needs!

According to teen feedback and our evals, a highlight of our weekend was our Guided Musical Imagery session and the Dance! We're glad we were able to put together such a wonderful program for our teens!

Thank you again to our awesome summer staff: Cricket, Goose, Jaws, and Mamaweez for taking the time to spend part of your winter break with us! We enjoyed our time with you all and you continue to keep our spirits bright!

Thank you all for making this a weekend to remember!

"4-H Camp is totally opposite from school. You can be yourself at camp, you don't have to act cool or pretend to be someone you aren't"
- Teen Weekend Teen



"Both of our teens had a great time and we can't wait to sign up for some of your leadership opportunities next year."
-Teen Weekend Parent



"With all the pressure on teens these days it's great to find somewhere they feel safe and comfortable just having fun being themselves. Thank you, to you and your staff for providing this for them. They can't wait for their next opportunity to come back!"
- Teen Weekend Parent

Jamestown 4-H Educational Center, Inc. fosters change in the lives of youth and adults by building character, values and esteem through hands-on training, camping and conferences.

The Jamestown 4-H Center programs and employment are open to all regardless of race, color, religion, gender, age, veteran status, national origin, disability or political affiliation. An equal opportunity/affirmative action employer